

Lesson 10: The force of gratitude

Essential Questions:

- ❖ How can I thank people for believing in me?
- ❖ What does it mean to be human?

Class Objectives:

- ❖ Understand gratitude as a universal virtue.
- ❖ Comprehend how value can work in students' daily lives.

Materials:

- ❖ Computers with Internet access to the following sites:
www.wisdomquotes.com/cat_gratitude.html
www.quotegarden.com/gratitude.html
www.worldofquotes.com/topic/Gratitude/index.html
www.abundance-and-happiness.com/gratitude-quotes.html
www.google.com
- ❖ Computers with PowerPoint
- ❖ Large pieces of construction paper and markers

Class Progression:

1. The teacher charges the students with the task of describing the universal virtue of *gratitude*. In small groups, students spend thirty minutes searching the Internet with www.google.com to find various definitions and examples of *gratitude*.
2. All groups create a poster or PowerPoint presentation with the most complete, all-inclusive definition of gratitude and their favorite example of gratitude.
3. A representative from each group shares the group's definition and example with the rest of the class.
4. Individually, students explore the Internet for quotes of gratitude that particularly inspire or speak to them. They make a few posters of the gratitude quotes with which they identify most and hang them around the school campus to inspire others to spread gratitude.

Follow-Up Work:

Students are to write a paragraph reflecting on a person to which they are truly grateful.

Name _____

Date of class _____

Date due _____

Follow-Up Work

Grade 12

Lesson 10

Review of Today's Class:

- ❖ Pondered the universal virtue of *gratitude*
- ❖ Defined and provided examples for *gratitude*
- ❖ Researched and shared inspirational quotes about *gratitude*

Follow-Up Work:

- ❖ Write a paragraph reflecting on a person to which you are truly grateful.

Preview of What's to Come:

- ❖ Sharing your personal gratitude

Important Notes: